



# Summary of Sweet Success Services by Service Description and Visit Length

The purpose of this document is to provide a quick summary of the types of client categories, services usually rendered, and codes most often used when billing for these services. The summary descriptions refer to the average uncomplicated client. If the client seen has complications, the services codes may need to be modified for additional time spent. **We recommend that you work with your billing and compliance department for consistent billing within your healthcare system and that you are meeting all of the criteria for billing as stated in the Current Procedural Terminology (CPT) manual using specific CPT codes.** This document is intended for use with non-CPSPP payers.

Type of Diabetes	Length of Visit	Type of Visit
<b>Preconception with:</b> Type 1 Diabetes or Type 2 Diabetes	2 hours	<b>Initial Visit</b> Obtain a thorough assessment of the individual lifestyle, capabilities, limitations, diabetes knowledge and skills, general health and obstetrical history. Provide the woman and her partner with adequate knowledge for: understanding the possible complications associated with diabetes and pregnancy; bringing about effective behavioral changes that will lead to improved diabetes self-care; making appropriate dietary, activity and insulin adjustments necessary for continued good control of diabetes; planning and early identification of pregnancy.  <b>CPT Codes:</b> <b>99205 Initial office visit, new patient OR</b> <b>99245 Initial office consultation, new or established patient</b>  Please note that you may bill only one of the above codes on the same date of service for the same beneficiary.
<b>Preconception with:</b> Type 1 Diabetes or Type 2 Diabetes	1/2 – 1 hour	<b>Follow-up in one week</b> to determine effectiveness of the care plan and make adjustments in diet, exercise, medications as needed. Review and discuss laboratory test, retinal exams, ECGs, etc., that were ordered at initial meeting in relation to specific individual case, presenting risk and options as they apply to client. Refer as indicated. Visit of 30 to 60 minutes of face-to-face time.

Type of Diabetes	Length of Visit	Type of Visit
		<p><b>CPT Codes:</b>  <b>99214-99215 Office visit, established patient OR</b>  <b>99242-99244 Office consultation, new or established patient</b> - select CPT code based on time with the patient and key components of care provided.</p>
<p><b>Pregnancy with:</b>  Type 1 Diabetes  or  Type 2 Diabetes</p>	<p>2 hours</p>	<p><b>Initial Visit</b>  Obtain family, medical, and obstetrical history; institute individual self-care plan including medical nutrition therapy, exercise recommendations, blood glucose monitoring, medication adjustments, record keeping and psychosocial efficacy with the care plan. Make referrals as needed.</p> <p><b>CPT Code:</b>  <b>99245 Office consultation, new or established patient</b></p>
<p><b>Pregnancy with:</b>  Type 1 Diabetes  or  Type 2 Diabetes</p>	<p>1 hour</p>	<p><b>Follow-up</b> in one week to determine effectiveness of the care plan, diet and weight gain appropriateness, make adjustments in diet, exercise, medications as needed.</p> <p><b>CPT Code:</b>  <b>99244 Office consultation, new or established patient</b></p>
<p><b>Pregnancy with:</b>  Type 1 Diabetes  or  Type 2 Diabetes</p>	<p>1/2 – 1 hour</p>	<p><b>Subsequent follow-ups at one to two week intervals</b> to clarify diet, blood glucose monitoring, review sick-day rules, provide additional information for breastfeeding/ infant feeding, future pregnancy planning and continued good health postpartum (i.e., nutrition, exercise, family planning).  Further follow-up sessions will be determined by blood glucose control, adequacy of nutritional intake and weight gain, and presence of ketones in the urine, use of sick-day rules, and any red-flag psychosocial conditions.</p> <p><b>CPT Codes:</b>  <b>99242-99244 Office consultation, new or established patient</b> - select CPT code based on time with the patient and key components of care provided.</p>
<p><b>Impaired Glucose Tolerance (IGT) in</b></p>	<p>1 hour</p>	<p><b>Initial Visit</b>  Obtain family, medical, and obstetrical history; institute individual self-care plan including</p>

Type of Diabetes	Length of Visit	Type of Visit
<p><b>pregnancy:</b> one abnormal value on the 2 or 3 hr. Oral Glucose Tolerance Test (OGTT)</p>		<p>medical nutrition therapy, exercise recommendations, blood glucose monitoring, record keeping and psychosocial efficacy with the care plan.</p> <p><b>CPT Code:</b> <b>99244 Office consultation, new or established patient</b></p>
<p><b>GDM:</b> <b>diet controlled in pregnancy</b></p>	1 1/2 hours	<p><b>Initial Visit</b> Obtain family, medical, and obstetrical history; institute individual self-care plan including medical nutrition therapy, exercise recommendations, blood glucose monitoring, record keeping and psychosocial efficacy with the care plan. Make referrals as needed.</p> <p><b>CPT Code:</b> <b>99245 Office consultation, new or established patient</b></p>
<p><b>GDM:</b> <b>diet controlled in pregnancy</b></p>	1 hour	<p><b>Follow-up in one week</b> to determine effectiveness of the care plan, diet and weight gain appropriateness, make adjustments in diet, exercise, and determine if medications are needed.</p> <p><b>CPT Code:</b> <b>99244 Office consultation, new or established patient</b></p>
<p><b>GDM:</b> <b>diet controlled in pregnancy</b></p>	1/2 – 1 hour	<p><b>Subsequent follow-ups at one to two week intervals</b> to clarify diet, blood glucose monitoring, review sick-day rules, provide additional information for breastfeeding/ infant feeding, future pregnancy planning and continued good health postpartum (i.e., nutrition, exercise, family planning). Further follow-up sessions will be determined by blood glucose control, adequacy of nutritional intake and weight gain, and presence of ketones in the urine, use of sick-day rules, and any red-flag psychosocial conditions.</p> <p><b>CPT Codes:</b> <b>99242-99244 Office consultation, new or established patient</b> - select CPT code based on time with the patient and key components of care provided.</p>
<p><b>GDM:</b> <b>on oral hypoglycemic</b></p>	2 hour	<p><b>Initial Visit</b> Obtain family, medical, and obstetrical history; institute individual self-care plan including</p>

Type of Diabetes	Length of Visit	Type of Visit
<b>agent/s in pregnancy</b>		<p>use of oral hypoglycemic agents, medical nutrition therapy, exercise recommendations, blood glucose monitoring, record keeping and psychosocial efficacy with the care plan. Make referrals as needed.</p> <p><b>CPT Code:</b> <b>99245 Office consultation, new or established patient</b></p>
<b>GDM: on oral hypoglycemic agent/s in pregnancy</b>	1/2 – 1 hour	<p><b>Follow-up in one week</b> to determine effectiveness of the care plan, diet and weight gain appropriateness, make adjustments in diet, exercise, and determine if medications working or need to switch to insulin.</p> <p><b>CPT Codes:</b> <b>99242-99244 Office consultation, new or established patient</b> - select CPT code based on time with the patient and key components of care provided.</p>
<b>GDM: on oral hypoglycemic agent/s in pregnancy</b>	1/2 – 1 hour	<p><b>Subsequent follow-ups at one to two week intervals</b> to clarify diet, blood glucose monitoring, provide additional information for breastfeeding/infant feeding, future pregnancy planning and continued good health postpartum (i.e., nutrition, exercise, family planning). Further follow-up sessions will be determined by blood glucose control, adequacy of nutritional intake and weight gain, and presence of ketones in the urine, use of sick-day rules, and any red-flag psychosocial conditions.</p> <p><b>CPT Codes:</b> <b>99242-99244 Office consultation, new or established patient</b> - select CPT code based on time with the patient and key components of care provided.</p>
<b>GDM: on insulin in pregnancy</b>	2 hours	<p><b>Initial Visit</b> Obtain family, medical, and obstetrical history; institute individual self-care plan including medical nutrition therapy, exercise recommendations, blood glucose monitoring, initial insulin instruction, record keeping and psychosocial efficacy with the care plan. Make referrals as needed.</p> <p><b>CPT Code:</b> <b>99245 Office consultation, new or established patient</b></p>

Type of Diabetes	Length of Visit	Type of Visit
<b>GDM: on insulin in pregnancy</b>	1 hour	<p><b>Follow-up in one week</b> to determine effectiveness of the care plan, diet and weight gain appropriateness, make adjustments in diet, exercise, and determine if insulin adjustments are needed.</p> <p><b>CPT Code: 99244 Office consultation, new or established patient</b></p>
<b>GDM: on insulin in pregnancy</b>	1/2 - 1 hour	<p><b>Subsequent follow-ups at one to two week intervals</b> to clarify diet, blood glucose monitoring, insulin administration, provide additional information for breastfeeding/ infant feeding, reduction of risk for Type 2 diabetes, future pregnancy planning and continued good health postpartum (i.e., nutrition, exercise, family planning).</p> <p>Further follow-up sessions will be determined by blood glucose control, adequacy of nutritional intake and weight gain, presence of ketones in the urine, use of sick-day rules, and any red-flag psychosocial conditions.</p> <p><b>CPT Codes: 99242-99244 Office consultation, new or established patient</b> - select CPT code based on time with the patient and key components of care provided.</p>
<b>Postpartum follow-up</b>	1/2 - 1 hour	<p>Assessment at 6 to 8 weeks postpartum to determine Medical Nutrition Therapy based on non-pregnant state, lactation needs, and other medical conditions requiring adjustment of the diet. Insulin adjustments for non-pregnant state, blood glucose monitoring, risk reduction counseling regarding weight control, exercise and follow-up testing for diabetes (if GDM). Emphasis on appropriate contraception and family planning for future pregnancies and to promote preconception planning.</p> <p>Referral to other providers as needed.</p> <p><b>CPT Codes: 99242-99244 Office consultation, new or established patient</b> - select CPT code based on time with the patient and key components of care provided.</p>